

Yu-Hsien Lin Defends Championship, National Taiwan Sport University Wins 8 Golds

Chung Yuan Christian University held the National Intercollegiate Athletic Games 2023, and the athletics competitions were held at the stadium at Chung Yuan. Although it kept raining on May 8th, National Taiwan Sport University still won gold medals at men and women's 100 m, men and women's 4 × 100 m relay, men's 110 m hurdles, women's 100 m hurdles and men and women's 1500 m.

Women's 100 m hurdles gold medal was the first one won by Po-Ya Chang with 13'33", ranking number five in Taiwanese history. The silver and bronze medalists were Shih-Ting Lin from National Taiwan Normal University and Hsiao-Hui Lin from National Taiwan University of Sport respectively.

Chang had been practicing hurdles during high school, but she fell in one of the competitions, and was in coma and suffered from the phobia of hurdles. She had been practicing sprint for more than two years, and finally came back to compete at hurdles, so she's still in the process of switching events.

"I probably finish seventy percent." Chang said. "I was practicing 100 m, so my stride was wider, and I would reach the first hurdle. I'm still trying to stabilize the first eight strides before the first hurdle, and my pace between hurdles."

Men's 110 m hurdles that followed was as splendid at which Kai-Lun Cheng snatched another gold medal for National Taiwan Sport University 13'99". Yung-Chun Chen from National Pingtung University won the silver medal with 14'20", and Yu-Chih Liu from National Taiwan Normal University won the bronze medal with 14'23".

Hsin-Ying Cheng finished women's 100 m with 11'97", beating Li-Ling Chung from National Changhua University of Education and Li-Lin Liu from National Taiwan Sport University.

"I didn't think I would win." Cheng said.

Cheng didn't perform well after she finished with 11'81" once, and sometimes she got scolded by her mom because she finished with 12'40", but she didn't think much, and just ran.

Yu-Hsien Lin, the senior of National Taiwan Sport University, was responsible for defending the championship of men's 100 m, winning the gold medal with 10'42",

defeating the silver medalist Wen-Pu Chen from National University of Tainan with a margin only 0.05 second, and the bronze medalist was his fellow junior, Tsung-Han Lin.

Yu-Hsien Lin is one of the representatives for both the Chengdu 2021 FISU World University Games and the Hangzhou 2022 Asian Games.

“I’m always preparing for events.” Yu-Hsien Lin said.

Yu-Hsien Lin also set a goal for himself, hoping to be in the final eight.

Aside from the abovementioned events, there were also men and women’s 4 × 100 m relay and Cheng-Wei Chang and Tsu-Ling Wang of men and women’s 1500 m, who also won gold medals for National Taiwan Sport University.